

# Mental Health Showcase 2024

## Event Program Friday 11 October 2024

### Morning Session

- 9:00 am **Welcome**  
Siusan MacKenzie, ESF
- 9:05 am **Opening address presenting partner**  
John Moran, Director Mental Health Strategy and Coordination, WorkSafe
- 9:15 am **Prevention - we know we need it but what does it actually mean?**  
Nicole Sadler, Director and CEO Phoenix Australia - Centre for Post traumatic Mental Health  
Cristine Green, Gallagher Bassett - Prevention in a workers compensation context
- 10:15 am **Moral injury - broadening the lens on mental injury**  
Rev Dr Mark Layson, Charles Sturt University, Disaster Recovery Chaplaincy NSW and NSW Ambulance  
Jesse Winter, Chaplain, FRV
- 11:15 am **Morning Tea and Poster Conversations**
- 11:40 am **AI and the future of mental health - a brave new world.**  
Simon D'Alfonso, School of Computing and Information Systems at the University of Melbourne  
Dr Rahul Khanna, Co-Director of Transforming Trauma Victoria, Phoenix Australia
- 12:45 pm **Lunch and Poster Conversations**

### Afternoon Session Streams

- 1.30 pm **1. Emerging issues panel** - facilitated by Prof. David Lawrence
- **Dealing with Addictions** - Dr Kevin Lutz, Wounded Warriors Canada (online)
  - **Is there a place for a spiritual dimension to the MH continuum** - Jim Jung, Police Chaplain VicPol
  - **Transformative Hope as the New Resilience** - David Younger, Clinical & Consultant Psychologist
- 2.15 pm Stretch
- 2.20 pm **2. Emerging issues panel** - facilitated by Assoc Prof Lisa Dell
- **What about the trauma we bring into the job** - Dr Richard Chambers
  - **Transitioning to shift and emergency work: the impact on sleep and mental health** - Alex Walkow, Monash University School of Psychological Sciences Turner Institute for Brain and Mental Health
  - **A pilot Family Violence Network for emergency service worker** - Sophie Todorov, Vic Police and Suzanne Paynter, SafeSteps
- 3.10 pm **Afternoon Tea and Poster Conversations**
- 3.30 pm **Unger Siege - a story of lived experience**  
Belinda Neil, Fearless board member and former NSW Police Inspector.
- 4.25 pm **Reflection & Close**

