



The Emergency Services Foundation (ESF) with support from the State government has developed a Mental Health Matters workshop especially for emergency service workers and their partners.

Would you like to organise a Mental Health Matters workshop for emergency workers and their partners in your community at a time and place that suits you?

Open to all Victorian emergency service volunteers and their partners this free workshop is a unique opportunity to bring together members of your community who support each other in emergency response and recovery situations to learn how to protect their wellbeing.

As well as inviting people from your brigade / unit / club and other emergency response and recovery agencies, we encourage you to think outside the box and include others who support the wellbeing of emergency workers in your community - local GP, pharmacist, community health worker, Primary Health Network, and local government for example.

You gather a crowd, talk with us about a suitable date and location and we will be there!

Dates are limited so start by registering your interest here: <https://esf.com.au/programs/mental-health-matters-2022/>